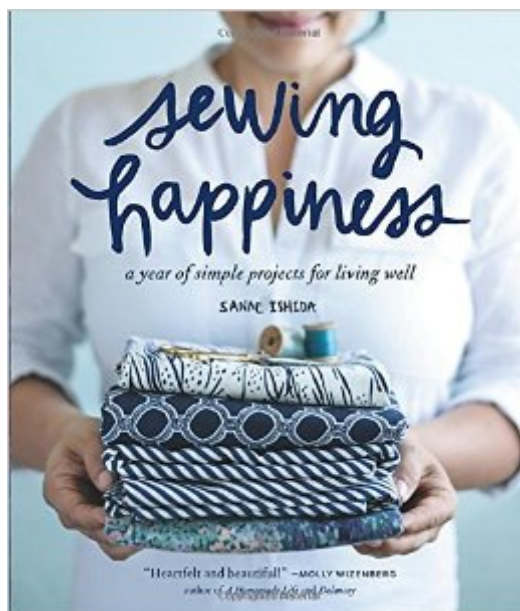


The book was found

Sewing Happiness: A Year Of Simple Projects For Living Well



Synopsis

Twenty simple sewing projects are tied together with a thread of memoir that tells the story of how sewing brought Sanae Ishida profound happiness. Each seasonal project, specially designed to promote health, creativity, relationships and more, provides gentle inspiration to live your best life. When Ishida was diagnosed with a chronic illness and lost her corporate job, she thought her life was over. But these challenges ended up being the best thing that ever happened to her because they forced her to take stock of her life and focus on the important things, and enabled her to rediscover sewing--her true passion. Â Inspired to succeed at just one thing, Ishida vowed to sew all of her daughter's clothes (and most of her own) for one year. Sewing Happiness includes 20 projects plus variations (including Japanese-inspired home goods and children's and women's clothing) organized by season, and stitched together with Ishida's charming personal story.

Book Information

Paperback: 240 pages

Publisher: Sasquatch Books (April 19, 2016)

Language: English

ISBN-10: 1570619956

ISBN-13: 978-1570619953

Product Dimensions: 7.4 x 0.8 x 8.5 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (24 customer reviews)

Best Sellers Rank: #71,619 in Books (See Top 100 in Books) #83 inÂ Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Fashion #95 inÂ Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Sewing #2536 inÂ Books > Biographies & Memoirs > Memoirs

Customer Reviews

PROs- flexible & relaxed instructions, sashiko, empowering exploration for beginnersCONS- too simple for experienced sewers, memoir intrudesThis book would make a great gift for a beginning sewer, who has started using a sewing machine and isn't sure what to do next. The flexibility of the directions can be confidence-boosting, because she provides alternate ways of doing things and adjustments, compared to other sewing books which proscribe things like "this is how to insert a zipper". The projects are mostly simple, many of which experienced sewers can figure out how to do

without directions, though I found the triangular market bag intriguing to make, and the structure of the cross-back apron a unique approach. A number of the household projects would be good homemade gifts. The projects are mostly small enough to give a beginner a sense of accomplishment:- household items: two pillow covers, market bag, apron, book cover, diy sketch book, camera strap, microwave heating pad, dopp kit, zip pouch, cloth bucket tote, sashiko trivet.- garments: apron, yoga pants (based on pants you already have), starter dress, knit dress, baby top & bloomers, infinity scarf- crafts: floral crown (of felt), cloth fortune cookies. Before the projects there is a brief sewing instruction section which explains tools and techniques such as various kinds of seams, gathering, stitches to use for knits, using a twin needle to simulate a serged edge, and so forth; mostly beginner information, but I did learn a few things. And each project itself is a skill-builder of various techniques.

[Download to continue reading...](#)

Sewing Happiness: A Year of Simple Projects for Living Well Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence (Frugal Living Books, frugal living for dummies, frugal living made simple) Sewing School: 21 Sewing Projects Kids Will Love to Make Sewing School 2: Lessons in Machine Sewing; 20 Projects Kids Will Love to Make Martha Stewart's Encyclopedia of Sewing and Fabric Crafts: Basic Techniques for Sewing, Applique, Embroidery, Quilting, Dyeing, and Printing, plus 150 Inspired Projects from A to Z Living Well with Endometriosis: What Your Doctor Doesn't Tell You...That You Need to Know (Living Well (Collins)) Living Well with Endometriosis: What Your Doctor Doesn't Tell You...That You Need to Know (Living Well (Collins)) by Morris, Kerry-Ann 1st (first) Edition [Paperback(2006/4/4)] Living Well with Endometriosis: What Your Doctor Doesn't Tell That You Need to Know (Living Well (Collins)) by Morris. Kerry-Ann (2006) Paperback Living Well, Despite Catching Hell: The Black Woman's Guide to Health, Sex and Happiness Sewing Clothes Kids Love: Sewing Patterns and Instructions for Boys' and Girls' Outfits Gertie's New Book for Better Sewing:: A Modern Guide to Couture-Style Sewing Using Basic Vintage Techniques How to Use, Adapt, and Design Sewing Patterns: From store-bought patterns to drafting your own: a complete guide to fashion sewing with confidence Sewing with Sergers: The Complete Handbook for Overlock Sewing (Serging . . . from Basics to Creative Possibilities series) Alabama Studio Sewing + Design: A Guide to Hand-Sewing an Alabama Chanin Wardrobe Sewing (5th Edition): Sewing For Beginners - Quick & Easy Way To Learn How To Sew With 50 Patterns for Beginners! Sewing Lingerie (Singer Sewing Reference Library) Sewing Secrets from the Fashion Industry: Proven Methods To Help You Sew Like the Pros (Rodale Sewing Book) Sewing Tutorials: 7 More Ways of Sewing for a Beginner Compilation,

Volume 1 Sewing for Beginners: Master the Art of Sewing Sewing (5th Edition): Sewing for
Beginners - Quick & Easy Way to Learn How to Sew

[Dmca](#)